



UPDATED 6/18/18

2018 Track & Field Season Finale - Rush Athletics USA Invite

*July 21, 2018
Joliet Memorial Stadium - Joliet, IL*



DATE: July 21, 2018

LOCATION: Joliet Memorial Stadium
3000 W Jefferson Street
Joliet, IL 60435

HOST: Rush Athletics USA, email: illinoisrush@gmail.com

MEET DIRECTOR: Nicole Lincoln, cell: 815-556-9650

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- ENTRY DEADLINE:** July 17, 2018 by 11:59pm CST (**NOREFUNDS**)
- ENTRY FEE:** \$8 per event per athlete (Relays \$32) - NOREFUNDS
- AGE:** 6 - 18 (age as of 12/31/17), Open, and Masters
- ELIGIBILITY:** Open to any athlete and/or Club/Team. To view information packet, go to www.coacho.com or www.rushusa.org
- REGISTRATION:** Each athlete must register online at www.coacho.com. Only online payments will be accepted. Cash, checks, and money orders will not be accepted. **NO REFUNDS will be issued.**
- DATE:** July 21, 2018
- LOCATION:** Joliet Memorial Stadium
3000 W Jefferson Street
Joliet, IL 60435
- ADMISSIONS:** \$5 for Adults / \$2 for Children 6 to 12 / Children 5 and under FREE
- PARKING:** Parking is **FREE!**
- RUNNING EVENTS:** Athletes will report to Clerk of Course for check-in.
- FIELD EVENTS:** Athletes will report to field event for check-in.
- RULES:** The meet will be conducted under the competitive rules of the AAU National Governing Body.
- CONDUCT & FACILITY:** Joliet Memorial Stadium and athletic fields are tobacco and alcohol free. Pets are not allowed. Athletes and spectators shall conduct themselves in a manner which respects the rights of others and reflects favorably upon the Illinois Association and AAU.
- AWARDS:** There will be medals for 1st – 8th place. Age division winner and winner-up team awards will be given. In addition, overall top 5 youth teams AND overall top 5 teams awards will be given to the top five scoring youth teams and overall teams.
- PACKET PICK-UP:** Coaches/Unattached athletes can pick up their meet packet/bib number at the check-in area identified outside of the stadium (south entrance) beginning at 7:00 a.m.
- COACHES' MEETING:** There will be a coaches' meeting at 7:50 AM to verify all entries prior to the start of the meet. NO ENTRIES will be added, changed, or modified after the start of the meet at 8:15 AM!
- CONCESSIONS:** A full concession stand will be available during the meet. Coolers are acceptable – no glass bottles please. Personal grills & barbeque pits are not allowed.
- TENTS:** Tents allowed in designated areas only and should not block the track, finish line, field events or flow of meet. Tents and sports umbrellas only in the stands in the designated area (set up on the TOP SIX ROWS ONLY).

Medical assistance will be available. Events will be combined at the discretion of the meet director in order to expedite the overall meet, while ensuring fair competition.

Age Division: (contested based on birth year as of 12/31/18)

8 & Under	(2010 & under)
9 - 10	(2008 - 2009)
11 - 12	(2006 - 2007)
13 - 14	(2004 - 2005)
15 & 16	(2002 & 2003)
17 & 18	(2001 & 2000)
Open/Masters	(1999-1900)

2018 Track and Field Season Finale - Rush Athletics Invite Order of Events

8 AM – Field Events

Long Jump (Pit 1) Boys (8&Under start) *May Combine groups*
Long Jump (Pit 2) Girls (8&Under start) *May Combine groups*
Triple Jump (Pit 3) Oldest to Youngest (*May Combine groups*)
High Jump (Youngest to Oldest)
Javelin (13 yrs & up) – outside the stadium
Pole Vault (*It will be run coed. Lower heights first.*)
Discus (Open/Master, 15-18, 13-14, 11-12)

11AM – Field Events

Shot Put (Oldest to Youngest)
Turbo Javelin (Youngest to Oldest) – inside the stadium

NOTE: All jumps & throws—Four (4) attempts only

****Athletes must provide their own implementation/
equipment (i.e. shot put, discus, poles, & javelins)**
Implements must be weighed in!**

7:00am - 7:55am: Track Open for warmups

8:00 AM – Running Events (*Rolling Schedule*)

3000m/1500m Race Walk* (8 yrs & up)
3000m* (11 yrs. & up)
4x800m Relay*
110m Hurdles* (15 yrs & up)
100m Hurdles* (13 yrs & up)
80m Hurdles* (11 yrs & 12 yrs, Masters)
50m* Dash Exhibition (non-competitors 8 & under)
100m* (8 yrs & up)
1500m* (8 yrs & up)
400m* (8 yrs & up)
4x100m Relay* (8 yrs & up)
Coaches' 4x100m Relay*
Coaches'/Family 4x100m RACE WALK Relay*
200m Hurdles*/400m Hurdles* (13 yrs & up)
800m* (8 yrs & up)
200m* (8 yrs & up)
4x400m Relay* (8 yrs & up)
2000m Steeplechase* (15 yrs & up)
1000m Coaches Steeplechase *
* Denotes – Finals

****NOTE: Some races may be combined due to number of participants.***

In track and field, a competitor in the 8 & Under through 12 yr. old divisions may enter a maximum of three (3) events. Competitors in the 13 yr. old through 18 yr. old divisions may enter a maximum of four (4) events. These limitations include relays which will be considered an entry for the purpose of this rule.

FOR MORE INFORMATION:

Coach Nicole Lincoln
815-556-9650
rush.athletics2010@gmail.com

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